

Inspiring stories and tips to help you stay cool

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June is a popular graduation month. Of course, when attending school online you can graduate any month of the year! I am excited to announce that since our March Newsletter, more than 200 students have

accomplishment—it also can result in a promotion or new job, admission

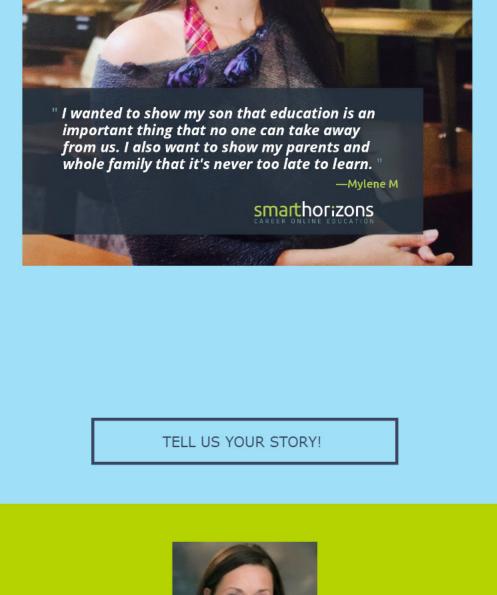
graduated. Earning a high school diploma is a huge personal

to college, and proud friends and family. Below are some of the fantastic things that our students have told us resulted from graduating: • Cardell gained confidence by earning his diploma and is now applying to college.

· Rolando believes that a huge change will happen in his life as a result of completing his high school program. • Sarah said she made her parents proud! Vincent said he had to pass up numerous job opportunities due to not

- having his diploma, but now that dark cloud has passed. Caitlyn plans to pursue a career in nursing! You truly can do anything that you set your mind to. Continue to strive to achieve
- your goals and before long, you too can be a graduate!
 - -Teresa Salafrio, Principal

IN YOUR WORDS



This summer when others are out "playing" and you are studying—

exciting time; however, if you are busy with work and school, it's easy to develop a case of the "summer blues." Here are some tips to stay cool,

• Stick to a routine. Even though summer can present you with different

• Designate break time. If you are working on your schoolwork, determine a

• Take your studies outdoors. Getting some fresh air working under a tree or

Do something for yourself. Things like spending time with friends, going

swimming, or eating ice cream can keep you from burning out.

obstacles, try to develop a schedule and keep to it.

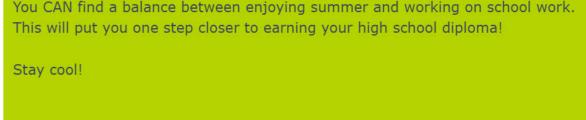
specific time to take a 15-minute break.

on your patio can help you feel refreshed.

remember your sacrifices now will pay off later! Summer can be an

calm, and collected:

COACH'S CORNER: TURN YOUR SUMMER BLUES INTO SUMMER "DO'S"



Micah M.

Age: 22

Career Certificate: Protection Officer

Future goals: To become an EMT and Firefighter

ALUMNI SPOTLIGHT

Lives in: Jacksonville, Florida

Originally from: Jamaica

"Now I know I won't be judged; I am confident that I can start a career or go back to school."

-Lindsay Morris, Academic Coach

His inspiration: His father, a paramedic Where did you complete your schoolwork? "From home and my local library." Best thing about the program? "The support from my Academic Coach." What was different about this experience? "I felt like I mattered. In my previous schools I always felt like a number." What do you do now? "I work as a protection officer and attend college."

job."

To read more about Micah's success story, visit our website.

What would you tell a student who was struggling? "It can be

done! Having a high school diploma is really necessary—without one you can't join the navy, you can't go to college, and you can't get a good

Monday, June 13, 2016 2:30-3:30 pm CT

WEBINAR: Child Development Associate (CDA) Learn More: Log in to the classroom. Click "Events"

Monday, June 22, 2016 6:00-6:30 pm CT

ONLINE SEMINAR: A Healthy You Learn More: Log in to the classroom. Click "Events"

UPCOMING

Wednesday, July 6, 2016 6:00-6:30 pm CT

ONLINE SEMINAR: How to Take Notes Learn More: Log in to the classroom. Click "Events"

April: Bobbie S. May: Aimee D. Each month, students who completed 2 courses in the previous month

and are on pace to graduate are automatically entered to win a gift card. All you have to do is stay on track to be eligible.

Are you on pace so far this month? There's still time! You can do it.

STAYING ON PACE CONTEST

Congrats to the recent winners! March: Brooke T.

Oldn't Work.
The alphabet has
25 more letters!

Mission

environment.

Stay Cool.

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